



Fitting Instructions

TOWBAR
For ROVER 400 SERIES SALOONS R16A
(MARCH 1990- MID 1996)
AND ROVER 400 TOURER ESTATE
(1994 – July 1998)
And HONDA CONCERTO 4 DOOR
SALOON (SUMMER 1990- 1992)

MATERIALS

| | | |
|----|---|--------------------------------------------------------------------------------|
| A | 1 | Tubular Cross Bar with end cleats |
| A1 | 1 | Short Forward Cross Bar |
| C | 1 | Tubular Centre Strut with international standard facing to ISO 3853 (BS AU114) |
| C1 | 2 | Short Side Arms with bolts attached |
| D | 2 | M10 X 30mm Bolts, Nuts, Lock Washers and large Flat Washers (40mm O.D.) |
| F | 1 | M10 X 30mm Bolt, Nut and Lock Washer |
| G | 2 | M10 X 110mm Bolts, Nuts, Lock Washers and large Flat Washers (40mm O.D.) |
| G1 | 2 | Bushes (75mm long – 17mm O.D.) |
| H | 2 | M10 X 30mm Bolts, Nuts and Lock Washers |
| CB | 2 | M16 x 50mm Coupling Bolts, Nuts, Lock Washers |
| | 2 | M10 Bolt Caps for (G) |

FITTING

Ensure mastic is removed at all towbar mating points.

1. ROVER 400

No need to remove bumper but remove the fixing strap under the middle. Loosely attach Cross Bar (A) to the holes provided at (D) using the large flat washers trapping the frame lip in front. Slide each side arm (C1) into the frame and loosely attach with large flat washer under the frame at the holes provided. Loosely attach to the cross with Bolts (H).

HONDA CONCERTO

Remove the bumper and undertray on the left. In the centre of the plastic bumper underneath cut as shown to remove the centre fixing and provide space for the towbar drop plate. Each side cut off the inner leg of the bumper mounting as shown to provide space for the cross bar. Now attach the side arms and cross bar as for the Rover 400. Tighten these fixings and replace the bumper.

- Loosely attach the Centre Strut (C) to the fitted bolts in Cross Bar (A) with nuts provided and ensure it is hard to the left against the towing eye.
- Attach forward Cross Bar (A1) to the centre tube with Bolt (F). Position the crossbar both centrally under the frame and drill up for Bolts (G). Insert Bushes (G1) down into the frame through the holes provided and bolt up with the large flat washers above the floor.
- Finally tighten all bolts.

Please refer to the vehicle specification for the trailer weight and nose limits, which **must be observed**.

Recommended torque settings: M8 - 27Nm, M10 - 53 Nm, M12 - 95 Nm, M14 - 150 Nm, M16 - 214 Nm

