



Fitting Instructions

TOWBAR R14
For ROVER 200 SERIES HATCHBACK
and HONDA CONCERTO HATCHBACK
from October 1989

MATERIALS

A	1	Cross Bar with end cleats
A1	1	Short Forward Cross Bar
C	1	Tubular Centre Strut with international facing to ISO 3853 (BS AU114)
D	2	M10 x 30mm Bolts, Nuts, Lock Washers and large Flat Washers (40mm O.D.)
E	1	M12 x 60mm Bolt, Nut and Lock Washer
E1	1	M12 x 100mm Bolt, Nut and Lock Washer
E2	2	Bushes (12mm long - 22mm O.D.)
E3	1	Spreader Plate
F	1	M10 x 30mm Bolt, Nut and Lock Washer
G	2	M10 x 110mm Bolts, Nuts, Lock Washers and large Flat Washers (40mm O.D.)
G1	2	Bushes (75mm long - 17mm O.D.)
CB	2	M16 x 50mm Coupling Bolts, Nuts and Lock Washers

FITTING (Ensure mastic compound is removed at all towbar mating points.)

1. Remove the spare wheel etc. and take off the plastic shield from underneath on left.
Rover Bumper - Remove one screw under each tip and one under the middle. With a deep 13mm socket remove a nut each side, accessed through the hole provided in the trim inside. Withdraw the bumper. Trim off the centre fixing under the bumper.
Honda bumper - Release mud flaps by removing 2 screws each side on the lip of the wheel arch. Remove 2 screws in the same place holding the bumper tips. Remove the central bolt under the middle and 2 x 12mm nuts each side - one under the vehicle, one accessed through the hole provided in the trim inside. Trim off centre fixing under bumper.
2. Drill out the small threaded holes for bolts (E) and open up from inside just sufficiently to insert bushes (E2) into the frame.
3. Temporarily insert bolts (E) and check that the outer holes (D) line up. If not, re-drill the car to reposition these holes as necessary. Bolt up with the large flat washers in front of the frame. Tighten these bolts and replace the bumper.
4. Attach the centre tube at bolts (E) and (E1) and attach the forward cross bar (A1) to the centre tube with bolt (F). Position the cross bar centrally under the frame and drill up for bolts (G). (Take care to avoid the internal web on the left.) Insert bushes (G1) down into frame through the holes provided and bolt up with the large flat washers above the floor. Finally tighten all bolts.

Please refer to the vehicle specification for the trailer weight and nose limits, which **must be observed**.

Recommended torque settings: M8 - 27Nm, M10 - 53 Nm, M12 - 95 Nm, M14 - 150 Nm, M16 - 214 Nm

